

Qualification Pack



Garbhini Rakshaka

QP Code: HSS/Q3801

Version: 1.0

NSQF Level: 3

Healthcare Sector Skill Council || 520, DLF Tower A, 5th Floor, Jasola District Centre
New Delhi - 110025

Qualification Pack

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HSS/Q3801: Garbhini Rakshaka

Brief Job Description

The individual on this job assists the Ayurveda Gynecologist from pre- conceptional to post-natal care of individuals. They also help in perform basic administrative functions including storekeeping and record maintenance of day-to-day activities.

Personal Attributes

The role holder should exhibit co-ordination skills, self-discipline, empathy, dedication, patience, persistence and ethical behavior. It is also important for the individual to be well groomed and have good communication skills in English/Hindi/local language.

Applicable National Occupational Standards (NOS)

Compulsory NOS:

1. [HSS/N3801: Assist the clients for Pre - conception care as per the guidance of a Gynecologist \(Ayurveda\)](#)
2. [HSS/N3802: Assist the clients for Antenatal Care under the supervision of a Gynecologist \(Ayurveda\)](#)
3. [HSS/N3803: Provide Support for Postnatal Care as per the guidance of a Gynecologist \(Ayurveda\)](#)
4. [HSS/N9622: Follow sanitization and infection control guidelines](#)
5. [HSS/N9624: Maintain a safe and secure working environment](#)

Qualification Pack (QP) Parameters

Sector	Healthcare
Sub-Sector	AYUSH
Occupation	Ayurveda-Allied
Country	India
NSQF Level	3
Aligned to NCO/ISCO/ISIC Code	NCO/2015NIL

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Minimum Educational Qualification & Experience	10th Class OR 8th Class with 1-2 Years of experience experience or ITI OR Certificate-NSQF (Level 2) with 1-2 Years of experience relevant field
Minimum Level of Education for Training in School	
Pre-Requisite License or Training	NA
Minimum Job Entry Age	16 Years
Last Reviewed On	31/03/2022
Next Review Date	31/03/2025
Deactivation Date	31/03/2025
NSQC Approval Date	31/03/2022
Version	1.0
Reference code on NQR	2022/HLT/HSSC/05645
NQR Version	1.0

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HSS/N3801: Assist the clients for Pre - conception care as per the guidance of a Gynecologist (Ayurveda)

Description

This Occupational Standard describes the knowledge, understanding and skills required by an individual for providing adequate support and care to the clients regarding pre conceptional care as per the guidance by Ayurveda Gynecologist

Scope

The scope covers the following :

- Pre Conception Care

Elements and Performance Criteria

Pre Conception Care

To be competent, the user/individual on the job must be able to:

- PC1.** wear appropriate and clean attire as per organizational policies and procedures
- PC2.** maintain conducive ambience, environment and cleanliness in the work area
- PC3.** introduce oneself to the client and communicate in a way to reflect gender sensitivity
- PC4.** empathize with Persons with Disability (PwD)
- PC5.** encourage the client to ask questions, seek advice and express any concerns
- PC6.** maintain client's privacy
- PC7.** inform about mode of living like lifestyle & diet during menstruation.
- PC8.** assist the doctor for body purification process of clients such as Snehana , Swedana, Vamana, Virechana & Basti.
- PC9.** inform the client about special diet to be consumed after purification process of the body
- PC10.** guide the client to prepare special diet like Mand , Peya, Vilepee, Yavagu etc.
- PC11.** prepare the formulations like kalka, swarasa kwatha, Phanta, ksheerpaka etc. as per prescription of doctor
- PC12.** inform about yoga specific to pre - conception care like Pranayama , meditations , Aasana etc.

Knowledge and Understanding (KU)

The individual on the job needs to know and understand:

- KU1.** relevant protocols, good practices, standards, policies and procedures
- KU2.** stree sharira rachana (Brief anatomy of female reproductive system)
- KU3.** about the factors essential (healthy Ritu, Kshetra, Beeja and Ambu) for healthy progeny.
- KU4.** about Rajaswala Charya and Rutumaticharya
- KU5.** about body cleansing procedures like Snehana , Swedana, Vamana, Virechana & Basti

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- KU6.** regarding Dauhrida, sadyogarhitagarbhalakshan, vyaktagarbhalakshan, masanumasik garbhinilakshan.
- KU7.** about Samanya garbhini Paricharya(Dietetics and mode of life indicated during pregnancy.), Masanumasik garbhini paricharya., Garbha Upaghatakara Bhavas
- KU8.** national programs related to women and child health

Generic Skills (GS)

User/individual on the job needs to know how to:

- GS1.** write messages, notes and short descriptive text with reasonable accuracy for easy interpretation of the information
- GS2.** read documents and information displayed at the workplace
- GS3.** communicate effectively with co-workers and others
- GS4.** plan day to day tasks for optimum productivity

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Assessment Criteria

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
<i>Pre Conception Care</i>	105	100	50	60
PC1. wear appropriate and clean attire as per organizational policies and procedures	-	-	-	-
PC2. maintain conducive ambience, environment and cleanliness in the work area	-	-	-	-
PC3. introduce oneself to the client and communicate in a way to reflect gender sensitivity	-	-	-	-
PC4. empathize with Persons with Disability (PwD)	-	-	-	-
PC5. encourage the client to ask questions, seek advice and express any concerns	-	-	-	-
PC6. maintain client's privacy	-	-	-	-
PC7. inform about mode of living like lifestyle & diet during menstruation.	-	-	-	-
PC8. assist the doctor for body purification process of clients such as Snehana , Swedana, Vamana, Virechana & Basti.	-	-	-	-
PC9. inform the client about special diet to be consumed after purification process of the body	-	-	-	-
PC10. guide the client to prepare special diet like Mand , Peya, Vilepee, Yavagu etc.	-	-	-	-
PC11. prepare the formulations like kalka, swarasa kwatha, Phanta, ksheerpaka etc. as per prescription of doctor	-	-	-	-
PC12. inform about yoga specific to pre - conception care like Pranayama , meditations , Aasana etc.	-	-	-	-
NOS Total	105	100	50	60

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National Occupational Standards (NOS) Parameters

NOS Code	HSS/N3801
NOS Name	Assist the clients for Pre - conception care as per the guidance of a Gynecologist (Ayurveda)
Sector	Healthcare
Sub-Sector	AYUSH
Occupation	Ayurveda-Allied
NSQF Level	3
Credits	TBD
Version	1.0
Last Reviewed Date	31/03/2022
Next Review Date	31/03/2025
NSQC Clearance Date	31/03/2022

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HSS/N3802: Assist the clients for Antenatal Care under the supervision of a Gynecologist (Ayurveda)

Description

This Occupational Standard describes the skills and knowledge required to assist Ayurveda Gynecologist based on the client needs for Antenatal Care.

Scope

The scope covers the following :

- Assistance during Antenatal Care

Elements and Performance Criteria

Assistance during Antenatal Care

To be competent, the user/individual on the job must be able to:

- PC1.** wear appropriate and clean attire as per organizational policies and procedures
- PC2.** maintain conducive ambience, environment and cleanliness in the unit
- PC3.** introduce oneself to the client
- PC4.** maintain client's privacy throughout the procedure
- PC5.** wear Personal Protective Equipments as per organizational policies and procedures
- PC6.** conduct urine pregnancy test under the supervision and guidance of Ayurveda Gynecologist
- PC7.** inform about healthy diet and mode of life during ante natal period.
- PC8.** inform about schedule and frequency for antenatal check up with its importance
- PC9.** provide advice about basic home remedies and dietary modifications for common problems like nausea, vomiting, constipation etc. how to prepare Panchamrita ,laja peya ,panaka etc.
- PC10.** educate regarding alarming signs of high-risk pregnancy
- PC11.** guide regarding yoga specific for pregnant lady as per the norms of AYUSH Yoga protocol
- PC12.** accompany the pregnant lady at the time of delivery to provide emotional support and assurance during labour
- PC13.** prepare essential materials (clothes ,accessories etc) for mother & new born as required during and after delivery.
- PC14.** assist during procedure to be carried out for ShukhaPrasava

Knowledge and Understanding (KU)

The individual on the job needs to know and understand:

- KU1.** relevant protocols, good practices, standards, policies and procedures.
- KU2.** regarding Samanya Garbhini paricharya(Antenatal care according to Ayurveda
- KU3.** specific foods items beneficial during pregnancy.
- KU4.** about common ailments during pregnancy

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- KU5.** about Garbha-upaghatkara Bhava(harmful factors in pregnancy)
- KU6.** about true and false labour pain.
- KU7.** about breast care during pregnancy
- KU8.** vaccination program and schedule during pregnancy
- KU9.** about changes during Puerperium, Sutika-paricharya, contraceptive methods, breast feeding, Jatamatra-paricharya.
- KU10.** Janani-Suraksha-Yojana(JSY),Janani-shishu-suraksha-karyakrama(JSSK), Kasthurba-Poshan Sahay-Yojana(KPSY),Pradhan-Mantri-Surakshit-Matritwa-Abhiyana (PMSMA)
- KU11.** importance of AyurvediyaPrasuti Tantra evamStriRoga in women health care
- KU12.** strivishishtasharirrachana (applied anatomy of female reproductive system, pelvis, and pelvic floor)
- KU13.** how to motivate the pregnant lady and her family members for institutional delivery and aware them about the hazards of home delivery
- KU14.** procedures for safe practice
- KU15.** relevant Workplace Health and Safety (WHS) legislation
- KU16.** donning and doffing of Personal Protective Equipment (PPE)

Generic Skills (GS)

User/individual on the job needs to know how to:

- GS1.** write messages, notes and short descriptive text with reasonable accuracy for easy interpretation of the information
- GS2.** read documents and information displayed at the workplace
- GS3.** communicate effectively with co-workers and others
- GS4.** plan day to day tasks for optimum productivity

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Assessment Criteria

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
<i>Assistance during Antenatal Care</i>	118	115	50	50
PC1. wear appropriate and clean attire as per organizational policies and procedures	-	-	-	-
PC2. maintain conducive ambience, environment and cleanliness in the unit	-	-	-	-
PC3. introduce oneself to the client	-	-	-	-
PC4. maintain client's privacy throughout the procedure	-	-	-	-
PC5. wear Personal Protective Equipments as per organizational policies and procedures	-	-	-	-
PC6. conduct urine pregnancy test under the supervision and guidance of Ayurveda Gynecologist	-	-	-	-
PC7. inform about healthy diet and mode of life during ante natal period.	-	-	-	-
PC8. inform about schedule and frequency for antenatal check up with its importance	-	-	-	-
PC9. provide advice about basic home remedies and dietary modifications for common problems like nausea, vomiting, constipation etc. how to prepare Panchamrita ,laja peya ,panaka etc.	-	-	-	-
PC10. educate regarding alarming signs of high-risk pregnancy	-	-	-	-
PC11. guide regarding yoga specific for pregnant lady as per the norms of AYUSH Yoga protocol	-	-	-	-
PC12. accompany the pregnant lady at the time of delivery to provide emotional support and assurance during labour	-	-	-	-
PC13. prepare essential materials (clothes ,accessories etc) for mother & new born as required during and after delivery.	-	-	-	-

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Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
PC14. assist during procedure to be carried out for ShukhaPrasava	-	-	-	-
NOS Total	118	115	50	50

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National Occupational Standards (NOS) Parameters

NOS Code	HSS/N3802
NOS Name	Assist the clients for Antenatal Care under the supervision of a Gynecologist (Ayurveda)
Sector	Healthcare
Sub-Sector	AYUSH
Occupation	Ayurveda-Allied
NSQF Level	3
Credits	TBD
Version	1.0
Last Reviewed Date	31/03/2022
Next Review Date	31/03/2025
NSQC Clearance Date	31/03/2022

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HSS/N3803: Provide Support for Postnatal Care as per the guidance of a Gynecologist (Ayurveda)

Description

This Occupational Standard describes the knowledge, understanding and skills required by an individual to provide assistance to clients during post-natal period under the guidance and supervision of Ayurveda Gynecologist.

Scope

The scope covers the following :

- Provide routine care to mother and new born as per ayurvedic principles

Elements and Performance Criteria

Provide routine care to mother and new born as per ayurvedic principles

To be competent, the user/individual on the job must be able to:

- PC1.** assist new mothers in bathing, grooming, dressing up, feeding, and maintaining normal elimination as per Ayurvedic principles
- PC2.** provide support to new mother for exclusive breastfeeding and its techniques.
- PC3.** inform mother regarding assisting the neonate for burping techniques
- PC4.** apply ayurvedic principles for the care of newborn
- PC5.** aware the new mother about the changes in the body during Puerperium, diet and mode of life during postnatal period (Yavagu)
- PC6.** assist new mother to carry out new -born massage and guide about its techniques
- PC7.** assist for post-natal massage, fumigation (Abhyanga-swedana- Dhoopana) for the mother based on the type of delivery.
- PC8.** promote mother for Udara-patta bandhana (abdominal binder)
- PC9.** orient mother about yoga /perineal exercise specific to postnatal duration

Knowledge and Understanding (KU)

The individual on the job needs to know and understand:

- KU1.** about changes during Puerperium, Sutika-paricharya, contraceptive methods, breast feeding, common breast problems during post-natal period, Jatamatra-paricharya
- KU2.** about providing massage to a mother and new born
- KU3.** about Janani-Suraksha-Yojana(JSY),Janani-shishu-suraksha-karyakrama(JSSK), Kasthurba-Poshan Sahay-Yojana(KPSY),Pradhan-Mantri-Surakshit-Matritwa-Abhiyana (PMSMA)
- KU4.** Ayurvedic prasuti tantra evam StriRoga in women health care
- KU5.** applied anatomy of female reproductive system, pelvis and pelvic floor
- KU6.** about new born vaccination schedule as per the guidelines

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- KU7.** about specific foods useful during post natal period.
- KU8.** breastfeeding techniques
- KU9.** about weaning and its techniques
- KU10.** new born massage process, indications and contraindications

Generic Skills (GS)

User/individual on the job needs to know how to:

- GS1.** read protocol updates and policy changes
- GS2.** be updated with the latest knowledge and advancements
- GS3.** build customer relationships and use customer centric approach
- GS4.** review the information gathered from observation, experience, reasoning, or communication to act efficiently

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Assessment Criteria

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
<i>Provide routine care to mother and new born as per ayurvedic principles</i>	100	70	50	60
PC1. assist new mothers in bathing, grooming, dressing up, feeding, and maintaining normal elimination as per Ayurvedic principles	-	-	-	-
PC2. provide support to new mother for exclusive breastfeeding and its techniques.	-	-	-	-
PC3. inform mother regarding assisting the neonate for burping techniques	-	-	-	-
PC4. apply ayurvedic principles for the care of newborn	-	-	-	-
PC5. aware the new mother about the changes in the body during Puerperium, diet and mode of life during postnatal period (Yavagu)	-	-	-	-
PC6. assist new mother to carry out new -born massage and guide about its techniques	-	-	-	-
PC7. assist for post-natal massage, fumigation (Abhyanga-swedana- Dhoopana) for the mother based on the type of delivery.	-	-	-	-
PC8. promote mother for Udara-patta bandhana (abdominal binder)	-	-	-	-
PC9. orient mother about yoga /perineal exercise specific to postnatal duration	-	-	-	-
NOS Total	100	70	50	60

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National Occupational Standards (NOS) Parameters

NOS Code	HSS/N3803
NOS Name	Provide Support for Postnatal Care as per the guidance of a Gynecologist (Ayurveda)
Sector	Healthcare
Sub-Sector	AYUSH
Occupation	Ayurveda-Allied
NSQF Level	3
Credits	TBD
Version	1.0
Last Reviewed Date	31/03/2022
Next Review Date	31/03/2025
NSQC Clearance Date	31/03/2022

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HSS/N9622: Follow sanitization and infection control guidelines

Description

This OS unit is about following ways for sanitization to prevent the spread of infection as per sectoral working requirements.

Scope

The scope covers the following :

- Social distancing practices
- Personal and workplace hygiene
- Waste disposal methods
- Reporting and information gathering
- Mental and emotional wellbeing

Elements and Performance Criteria

Social distancing practices

To be competent, the user/individual on the job must be able to:

- PC1.** maintain appropriate social distance as per specified protocols, for example, while greeting people, when in crowded places, using contactless mode of delivery of goods, etc.
- PC2.** carry out daily tasks using alternate methods e.g. virtual meetings, e-payments, etc.

Personal and workplace hygiene

To be competent, the user/individual on the job must be able to:

- PC3.** follow recommended personal hygiene and sanitation practices, for example, washing/sanitizing hands, covering face with a bent elbow while coughing/sneezing, using PPE, etc.
- PC4.** follow recommended workplace hygiene and sanitation practices, for example, sanitizing workstation and equipment regularly, using disposable wipes and utensils, using alternative systems to mark attendance, etc.
- PC5.** clean and disinfect all materials/supplies before and after use.

Waste disposal methods

To be competent, the user/individual on the job must be able to:

- PC6.** segregate waste as per guidelines
- PC7.** dispose waste as per guidelines

Reporting and information gathering

To be competent, the user/individual on the job must be able to:

- PC8.** keep abreast of the latest information and guidelines from reliable sources.
- PC9.** report signs and symptoms related to illness of self and others immediately to appropriate authority

Mental and emotional wellbeing

To be competent, the user/individual on the job must be able to:

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PC10. seek help and guidance in case of stress and anxiety

Knowledge and Understanding (KU)

The individual on the job needs to know and understand:

- KU1.** solid waste management Rules 2016
- KU2.** significance of personal hygiene practice including hand hygiene
- KU3.** social distancing norms
- KU4.** correct method of donning and doffing of PPE
- KU5.** significance of appropriate waste disposal methods and organizational and national waste management principles and procedures
- KU6.** ways to handle waste appropriately to reduce the risk of contamination
- KU7.** the logistics of waste management
- KU8.** the current national legislation, guidelines, local policies, and protocols related to work
- KU9.** ways to manage infectious risks in the workplace
- KU10.** the path of disease transmission
- KU11.** different methods of cleaning, disinfection, sterilization, and sanitization
- KU12.** the types of cleaning agents
- KU13.** symptoms of infections like fever, cough, redness, swelling and inflammation
- KU14.** signs of stress and anxiety

Generic Skills (GS)

User/individual on the job needs to know how to:

- GS1.** write formal and informal letters/emails, memos, reports, etc
- GS2.** read and interpret internal communications correctly
- GS3.** communicate the information effectively during interactions
- GS4.** analyze situations and make appropriate decisions
- GS5.** prioritize, organize, and accomplish work within prescribed timelines

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Assessment Criteria

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
<i>Social distancing practices</i>	5	3	-	-
PC1. maintain appropriate social distance as per specified protocols, for example, while greeting people, when in crowded places, using contactless mode of delivery of goods, etc.	-	-	-	-
PC2. carry out daily tasks using alternate methods e.g. virtual meetings, e-payments, etc.	-	-	-	-
<i>Personal and workplace hygiene</i>	4	4	-	-
PC3. follow recommended personal hygiene and sanitation practices, for example, washing/sanitizing hands, covering face with a bent elbow while coughing/sneezing, using PPE, etc.	-	-	-	-
PC4. follow recommended workplace hygiene and sanitation practices, for example, sanitizing workstation and equipment regularly, using disposable wipes and utensils, using alternative systems to mark attendance, etc.	-	-	-	-
PC5. clean and disinfect all materials/supplies before and after use.	-	-	-	-
<i>Waste disposal methods</i>	3	2	-	-
PC6. segregate waste as per guidelines	-	-	-	-
PC7. dispose waste as per guidelines	-	-	-	-
<i>Reporting and information gathering</i>	3	2	-	-
PC8. keep abreast of the latest information and guidelines from reliable sources.	-	-	-	-
PC9. report signs and symptoms related to illness of self and others immediately to appropriate authority	-	-	-	-
<i>Mental and emotional wellbeing</i>	2	2	-	-

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Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
PC10. seek help and guidance in case of stress and anxiety	-	-	-	-
NOS Total	17	13	-	-

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National Occupational Standards (NOS) Parameters

NOS Code	HSS/N9622
NOS Name	Follow sanitization and infection control guidelines
Sector	Healthcare
Sub-Sector	Generic
Occupation	Generic
NSQF Level	3
Credits	TBD
Version	1.0
Last Reviewed Date	31/03/2022
Next Review Date	31/03/2025
NSQC Clearance Date	31/03/2022

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HSS/N9624: Maintain a safe and secure working environment

Description

This OS unit is about the ensuring a safe and secure working environment

Scope

The scope covers the following :

- Workplace safety and security

Elements and Performance Criteria

Workplace safety and security

To be competent, the user/individual on the job must be able to:

- PC1.** identify potential hazards of safe work practices
- PC2.** use various hospital codes for emergency situations
- PC3.** comply with safety, and security procedures within the defined scope of competence and authority
- PC4.** provide Basic Life Support (BLS) and first aid whenever applicable under defined scope of work
- PC5.** follow organizations' procedures related to any emergency efficiently
- PC6.** report any identified breaches in health, safety, and security procedures to the designated person
- PC7.** complete any health and safety records accurately

Knowledge and Understanding (KU)

The individual on the job needs to know and understand:

- KU1.** the importance of health, safety, and security in the workplace
- KU2.** how to identify safety and security hazards
- KU3.** the importance of identifying individual responsibilities in relation to maintaining workplace safety and security requirements
- KU4.** the relevant up-to-date information on safety, and security that applies to the workplace
- KU5.** how to report any emergency
- KU6.** various hospital codes for emergency situations
- KU7.** how to create safety records and maintain them
- KU8.** concept of first aid and BLS
- KU9.** the importance of raising alarm about hazards for safety of others

Generic Skills (GS)

User/individual on the job needs to know how to:

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- GS1.** read and understand organization policies and procedures
- GS2.** prepare status and progress reports
- GS3.** • communicate information (for example, facts, ideas, or messages) in a brief, clear, and
• organized manner
- GS4.** make decisions pertaining to the area of work
- GS5.** plan for safety of the work environment
- GS6.** identify hazards, evaluate possible solutions and suggest effective solutions
- GS7.** analyze the seriousness of hazards

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Assessment Criteria

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
<i>Workplace safety and security</i>	10	10	-	10
PC1. identify potential hazards of safe work practices	-	-	-	-
PC2. use various hospital codes for emergency situations	-	-	-	-
PC3. comply with safety, and security procedures within the defined scope of competence and authority	-	-	-	-
PC4. provide Basic Life Support (BLS) and first aid whenever applicable under defined scope of work	-	-	-	-
PC5. follow organizations' procedures related to any emergency efficiently	-	-	-	-
PC6. report any identified breaches in health, safety, and security procedures to the designated person	-	-	-	-
PC7. complete any health and safety records accurately	-	-	-	-
NOS Total	10	10	-	10

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National Occupational Standards (NOS) Parameters

NOS Code	HSS/N9624
NOS Name	Maintain a safe and secure working environment
Sector	Healthcare
Sub-Sector	Generic
Occupation	Generic
NSQF Level	4
Credits	TBD
Version	1.0
Last Reviewed Date	31/03/2022
Next Review Date	31/03/2025
NSQC Clearance Date	31/03/2022

Assessment Guidelines and Assessment Weightage

Assessment Guidelines

Assessment Guidelines

1. Criteria for assessment for each Qualification Pack will be created by the Sector Skill Council. Either each element/Performance Criteria (PC) will be assigned marks proportional to its importance in NOS. SSC will also lay down proportion of marks for Theory, viva and Skills Practical for each element/PC.
2. The assessment for the theory part will be based on knowledge bank of questions approved by the SSC.
3. Individual assessment agencies will create unique question papers for theory part for each candidate/batch at each examination/training center(as per assessment criteria below).
4. Individual assessment agencies will create unique evaluations for skill practical & viva for every student at each examination/ training center based on these criteria
5. In case of successfully passing as per passing percentage of the job role, the trainee is certified for the

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6. In case of unsuccessful completion, the trainee may seek reassessment on the Qualification Pack.

Minimum Aggregate Passing % at QP Level : 70

(Please note: Every Trainee should score a minimum aggregate passing percentage as specified above, to successfully clear the Qualification Pack assessment.)

Assessment Weightage

Compulsory NOS

National Occupational Standards	Theory Marks	Practical Marks	Project Marks	Viva Marks	Total Marks	Weightage
HSS/N3801.Assist the clients for Pre - conception care as per the guidance of a Gynecologist (Ayurveda)	105	100	50	60	315	30
HSS/N3802.Assist the clients for Antenatal Care under the supervision of a Gynecologist (Ayurveda)	118	115	50	50	333	30
HSS/N3803.Provide Support for Postnatal Care as per the guidance of a Gynecologist (Ayurveda)	100	70	50	60	280	20
HSS/N9622.Follow sanitization and infection control guidelines	17	13	-	-	30	10
HSS/N9624.Maintain a safe and secure working environment	10	10	-	10	30	10
Total	350	308	150	180	988	100

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Acronyms

NOS	National Occupational Standard(s)
NSQF	National Skills Qualifications Framework
QP	Qualifications Pack
TVET	Technical and Vocational Education and Training

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Glossary

Sector	Sector is a conglomeration of different business operations having similar business and interests. It may also be defined as a distinct subset of the economy whose components share similar characteristics and interests.
Sub-sector	Sub-sector is derived from a further breakdown based on the characteristics and interests of its components.
Occupation	Occupation is a set of job roles, which perform similar/ related set of functions in an industry.
Job role	Job role defines a unique set of functions that together form a unique employment opportunity in an organisation.
Occupational Standards (OS)	OS specify the standards of performance an individual must achieve when carrying out a function in the workplace, together with the Knowledge and Understanding (KU) they need to meet that standard consistently. Occupational Standards are applicable both in the Indian and global contexts.
Performance Criteria (PC)	Performance Criteria (PC) are statements that together specify the standard of performance required when carrying out a task.
National Occupational Standards (NOS)	NOS are occupational standards which apply uniquely in the Indian context.
Qualifications Pack (QP)	QP comprises the set of OS, together with the educational, training and other criteria required to perform a job role. A QP is assigned a unique qualifications pack code.
Unit Code	Unit code is a unique identifier for an Occupational Standard, which is denoted by an 'N'
Unit Title	Unit title gives a clear overall statement about what the incumbent should be able to do.
Description	Description gives a short summary of the unit content. This would be helpful to anyone searching on a database to verify that this is the appropriate OS they are looking for.
Scope	Scope is a set of statements specifying the range of variables that an individual may have to deal with in carrying out the function which have a critical impact on quality of performance required.

Qualification Pack

Knowledge and Understanding (KU)	Knowledge and Understanding (KU) are statements which together specify the technical, generic, professional and organisational specific knowledge that an individual needs in order to perform to the required standard.
Organisational Context	Organisational context includes the way the organisation is structured and how it operates, including the extent of operative knowledge managers have of their relevant areas of responsibility.
Technical Knowledge	Technical knowledge is the specific knowledge needed to accomplish specific designated responsibilities.
Core Skills/ Generic Skills (GS)	Core skills or Generic Skills (GS) are a group of skills that are the key to learning and working in today's world. These skills are typically needed in any work environment in today's world. These skills are typically needed in any work environment. In the context of the OS, these include communication related skills that are applicable to most job roles.
Electives	Electives are NOS/set of NOS that are identified by the sector as contributive to specialization in a job role. There may be multiple electives within a QP for each specialized job role. Trainees must select at least one elective for the successful completion of a QP with Electives.
Options	Options are NOS/set of NOS that are identified by the sector as additional skills. There may be multiple options within a QP. It is not mandatory to select any of the options to complete a QP with Options.